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www.mydestiny.me

Prayer Requests

Giving

Connect Groups

Events

UPCOMING EVENTS AND NEWS

TUESDAY NIGHT OF WORSHIP — Tuesday, August 6, 6:30-to-7:30 pm

Join us in the Pure Bean event room, downstairs, downtown Rapid City, every other Tuesday night as we mix prophetic praise and worship with the prayers of the saints.

FREE HIGH-ENERGY ELECTRONIC/DANCE/HIP-HOP CONCERT WITH TRAMPOLINES — Wednesday, August 7, at 7:00 pm

Trampolines is an explosive electronic band propelled by a missional purpose that has taken them worldwide. They have over 500,000 followers across social media platforms and over 20 million streams. They've performed on stages in front of as many as 50,000 people, and their touring experience spans 40 U.S. states and over 20 countries. You can learn more about them at trampolinesofficial.com and laneandcary.com.

MEN'S PRAYER WALK — Saturday, August 10 @ 9:00 am, meeting at the Destiny offices

THIS CITY BELONGS TO JESUS — Monday, August 12, 6:30 pm @ Open Bible Church

This is the fourth of four citywide prayer, praise, and proclamation nights leading up to an October 1 event at The Monument event center.

WORSHIP AT THE PARK — Sunday, August 25 @ 10:30 am, at the Canyon Lake Park Chimney Shelter

Join us for a special morning of worship and fellowship at Canyon Lake Park! Bring a lawn chair, some sunscreen, some park games, and come ready to worship! We'll meet at the Chimney Shelter, located on the west side of the park. We are allowed to start gathering any time after 10:00 a.m. Our service will start at 10:30 a.m. After the service, we will share a meal.

IS GOD CALLING YOU TO LEAD A FALL CONNECT GROUP? — Apply in August

Community is the heartbeat of the church. It is not about filling a seat on Sunday morning. We need each other, and part of that is connecting on a deeper level outside of our Sunday morning gatherings.

Is God calling you to lead a Fall Connect Group to help us go deeper together? *It could be a prayer group, a hiking group, a Bible study, or even a gathering just to share and carry each other's burdens. Just as long as it comes back to Jesus being at the center. If you've never led a group before, we'll give you some guidelines to follow. It is very simple.*

Ask God about it now. And if you feel prompted, apply to lead a group at www.mydestiny.family/apply-to-lead.

phone: **605.348.7958** • email: destiny@destiny4square.org • website: www.mydestiny.family

MESSAGE NOTES

8.4.24 | RUNNING ON EMPTY, Part 2: Stopping to Refuel

...and to know the love of Christ which surpasses knowledge, that you may be filled to all the fullness of God. **Ephesians 3:19 NASB**

- The word "filled" in Greek is a continuous verb meaning _____.

WHY DO I NEED TO BE REFUELED REGULARLY?

1. _____ is not working.

Thus says the Lord: "Stand by the roads, and look, and ask for the ancient paths, where the good way is; and walk in it, and find rest for your souls. But they said, 'We will not walk in it.' **Jeremiah 6:16 ESV**

2. I have a spirit that needs to be _____.

"And how do you benefit if you gain the whole world but lose your own soul in the process? Is anything worth more than your soul?" **Matthew 16:26 NLT**

3. My filling-up is an investment in _____.

Therefore, being always of good courage, and knowing that while we are at home in the body we are absent from the Lord—for we walk by faith, not by sight... **2 Corinthians 5:6-7 NASB**

WHEN I REFUEL, I NEED TO...

1. Carve away consistent time to _____.

2. Be _____.

So He said, "Go out and stand on the mountain before the Lord." And behold, the Lord was passing by! And a great and powerful wind was tearing out the mountains and breaking the rocks in pieces before the Lord; but the Lord was not in the wind. And after the wind, there was an earthquake, but the Lord was not in the earthquake. And after the earthquake, a fire, but the Lord was not in the fire; and after the fire, a sound of a gentle blowing.

1 Kings 19:11-12 NASB

3. Make a _____.

WHEN? _____ WHERE? _____ WHAT? _____

"Come to Me, all who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is comfortable, and My burden is light." **Matthew 11:28-30 NASB**

20 FUEL-TIME IDEAS

1. Choose a passage and repeat it until you memorize it.
2. Read one Psalm a day and pray the Psalm back to God.
3. If you've never read the Bible, begin with the Gospel of John.
4. Read one chapter of Proverbs a day for 31 days.
5. When you read the Gospels, imagine you are one of the people in the story; write down how you would feel and respond.
6. Begin a journal page with, "Yesterday, I..." Then, list everything you did yesterday (the places you went, the people you talked to, and the things you did) and see if God was trying to get your attention for anything.
7. Begin by making a list of things for which you are thankful.
8. As you read your Bible, write down your favorite verses on index cards; keep these cards in a place where you'll see them often.
9. Get a notebook and copy an entire book of the Bible by hand.
10. Use Psalm 23 or 139 as a prayer.
11. Write your prayers in a journal.
12. Use the message notes from Sunday as a guide for Bible Study.
13. Pray for a friend's salvation every day for thirty days.
14. Use a world map; pray for the people of a different country every day.
15. Write out a letter of confession to God. His grace is sufficient.
16. Make a list from A to Z of things for which you are thankful.
17. Rewrite passages from the Bible in your own words.
18. Study the Bible with a commentary and/or Bible dictionary.
19. Read a daily devotional book. Some devotionals are a "quick snack," and others are a "full course meal." Here are some suggestions:
 - *My Utmost for His Highest* – Oswald Chambers
 - *Daily Light For Every Day* – Anne Graham Lotz
 - *Grace For the Moment* – Max Lucado
 - *Praise in the Presence of God* – Jack Hayford
 - *Streams In the Desert* – L.B. Cowman
 - *One Minute Bible* – Doug Fields
 - *Celebration of Discipline* – Richard Foster
 - *Moments with the Savior* – Ken Gire
20. Read and reflect on a good Christian book:
 - *The Pursuit of God* – A.W. Tozer
 - *Mere Christianity* – C.S. Lewis
 - *The Way of a Worshiper* – Buddy Owens
 - *Spiritual Disciplines for the Christian Life* – Donald Whitney
 - *Abiding in Christ* – Andrew Murray
 - *The Purpose Driven Life* – Rick Warren
 - *Practicing the Presence of God* – Brother Lawrence
 - *The Rest of God* – Mark Buchanan
 - *Ragamuffin Gospel* – Brennan Manning
 - *Seizing Your Divine Moment* – Erwin McManus
 - *Fresh Wind, Fresh Fire* – Jim Cymbala
 - *The Life You've Always Wanted* – John Ortberg
 - *Screwtape Letters* – C.S. Lewis
 - *The Call* – Os Guinness