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www.mydestiny.me

Prayer Requests

Giving

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Events

UPCOMING EVENTS AND NEWS

A CHURCH-WIDE GARAGE SALE — Saturday, August 3, 8 am to 2 pm

The event is being planned to help fund those who will be going to Moldova/Ukraine this Fall. We hope you will prayerfully plan to donate items (NO CLOTHING/SHOES) and participate. We will also be having a bake sale and need bakers to donate some yummy treats!

Volunteers are needed for set-up on Friday beginning at 1:00 p.m. and on Saturday from 7:30 a.m. until everything is torn down on Saturday afternoon.

We will start receiving items tomorrow, July 29. Contact Carol Muser at (605) 440-1453 or Linda Henrickson at (605) 390-3337 to arrange for drop-off, to volunteer, or for more details.

TUESDAY NIGHT OF WORSHIP — Tuesday, August 6, 6:30-to-7:30 pm

Join us in the Pure Bean event room, downstairs, downtown Rapid City, every other Tuesday night as we mix prophetic praise and worship with the prayers of the saints.

FREE HIGH-ENERGY ELECTRONIC/DANCE/HIP-HOP CONCERT WITH TRAMPOLINES — Wednesday, August 7, at 7:00 pm

Trampolines is an explosive electronic band propelled by a missional purpose that has taken them worldwide. They have over 500,000 followers across social media platforms and over 20 million streams. They've performed on stages in front of as many as 50,000 people, and their touring experience spans 40 U.S. states and over 20 countries. You can learn more about them at trampolinesofficial.com and laneandcary.com.

MEN'S PRAYER WALK — Saturday, August 10 @ 9:00 am, meeting at the Destiny offices

THIS CITY BELONGS TO JESUS — Monday, August 12, 6:30 pm @ Open Bible Church

This is the fourth of four citywide prayer, praise, and proclamation nights leading up to an October 1 event at The Monument event center.

WORSHIP AT THE PARK — Sunday, August 25 @ 10:30 am, at the Canyon Lake Park Chimney Shelter

Join us for a special morning of worship and fellowship at Canyon Lake Park! Bring a lawn chair, some sunscreen, some park games, and come ready to worship! We'll meet at the Chimney Shelter, located on the west side of the park. We are allowed to start gathering any time after 10:00 a.m. Our service will start at 10:30 a.m. After the service, we will share a meal.

phone: **605.348.7958** • email: destiny@destiny4square.org • website: www.mydestiny.family

MESSAGE NOTES

7.28.24 | RUNNING ON EMPTY, Part 1: Choosing What Matters Most

Busyness has a cost: _____. It is hard to go _____ when you go _____.

- There is a _____ and a _____ to busyness.

Emptiness causes your _____ to be off; your _____-making becomes blurry.

B_____ is not better; choosing b_____ is better.

Busy people are _____ people.

Now, as they were traveling along, He entered a village, and a woman named Martha welcomed Him into her home. And she had a sister called Mary, who was also seated at the Lord's feet and was listening to His word. But Martha was distracted with all her preparations, and she came up to Him and said, "Lord, do You not care that my sister has left me to do the serving by myself? Then tell her to help me." But the Lord answered and said to her, "Martha, Martha, you are worried and distracted by many things, but only one thing is necessary, for Mary has chosen the good part, which shall not be taken away from her." Luke 10:38-42 NASB

LIES THAT KEEP US BUSY

. "There's just not enough time to do everything."

CIRCLE ONE: Never say/think it

Sometimes say/think it

Always say/think it

. "It's just a busy season I'm in right now."

CIRCLE ONE: Never say/think it

Sometimes say/think it

Always say/think it

. "But, this is really important."

CIRCLE ONE: Never say/think it

Sometimes say/think it

Always say/think it

A PATTERN OF BUSYNESS

Good _____ → D_____ MOVE IN →

P_____ AND P_____ ARISES → R_____

TAKING ACTION

1. _____ the lie.
2. _____ the distractions.
3. _____ what is better.

I HAVE GOT TO ANSWER...

1. What's my standard for what is better? _____
2. Am I making my choices by that standard? _____
3. What do I need to choose to say "no" to? Today? This week? This month? This year? *(the more specific, the better)*

4. How do I choose to refuel when I'm empty? _____
