



POSITIVE

6.14.20 - Part 1: Enough of the Bad News

And we know that for those who love God all things work together for good, for those who are called according to his purpose. Romans 8:28 ESV

LET'S TALK ABOUT OPTIMISM

- Optimism is not a denial of _____.
- Optimism is not _____ faith.
- Optimism is confidence about the future or a successful outcome.
- Optimism is the _____ that our loving God is working in every situation for our future good.

WHAT DO YOU THINK ABOUT?

- What _____ your mind, _____ your life.
- The quality of your life will never _____ the quality of your thoughts.
- Pessimists tend to view negative events as personal and _____.

BUILDING YOUR FAITH

- _____ your faith and _____ the negativity.
- _____ scripture so that scripture gets into you.

For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. Romans 8:18 ESV

- The struggle I'm in today is producing the _____ I need for tomorrow.

Likewise the Spirit helps us in our weakness... Romans 8:16 ESV

For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 8:38-39 ESV

GOING DEEPER QUESTIONS

- Have you ever thought of optimism as the expectation that God will work every situation for our good? What do you think about that?
- Read Romans 8:38-39. What would your life be like if you completely trusted that God was always with you and for you?
- How can you shift your mindset so that you trust, in every situation, that God is working for our good?
- Consider your thoughts this week. If any are negatively affecting your quality of life, ask God to direct those thoughts to Him instead.