

## BREAKING CHAINS

5.3.20 - Part 2: The Chain of Fear

"...In this world you will have trouble.

But take heart! I have overcome the world." John 16:33 NIV

## THE GAME PLAN AND THE WRIST GUIDE

•	God wants you to know what's
	- God's purpose for your life isn't to give you a; it is to give you;
•	There are going to be some things in your plan.

Then the Lord said, "I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the place of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. And now, behold, the cry of the people of Israel has come to me, and I have also seen the oppression with which the Egyptians

oppress them. Come, I will send you to Pharaoh that you may bring my people, the children of Israel, out of Egypt." **Exodus 3:7-10 ESV** 

After the death of Moses the servant of the Lord, the Lord said to Joshua the son of Nun, Moses' assistant, "Moses my servant is dead. Now therefore arise, go over this Jordan, you and all this people, into the land that I am giving to them, to the people of Israel. Every place that the sole of your foot will tread upon I have given to you, just as I promised to Moses. From the wilderness and this Lebanon as far as the great river, the river Euphrates, all the land of the Hittites to the Great Sea toward the going down of the sun shall be your territory. No man shall be able to stand before you all the days of your life. Just as I was with Moses, so I will be with you. I will not leave you or forsake you. Be strong and courageous, for you shall cause this people to inherit the land that I swore to their fathers to give them.

Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." Joshua 1:1-6, 9 ESV

## WHAT TO PUT IN YOUR WRIST GUIDE

1)	The promises of God:	
	a. He will b. There will be in your future.	
	c. There's going to be	for you.
2)	We know that the One who knows what's	is with us.
	Fear not, for I am with you; be not dismayed, for I am you will help you, I will uphold you with my righteous right ha	
	• Fear is in the enemy.	
3)	Whatever thoughts are coming to them.	us, that we can
For though we walk in the flesh, we are not waging war according to the flesh weapons of our warfare are not of the flesh but have divine power to destroy strongholds. We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ 2 Corinthic ESV		
4)	We've got to take in the indestructib	ole love of God.
	And we know that for those who love God all things work who are called according to his purpose. What then shall	

is for us, who can be against us? He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?

Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword?

No, in all these things we are more than conquerors through him who loved us. For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Romans 8:28,31-32,35,37-39 ESV